One of the most prolific depictions of Jesus Christ in the Eastern Catholic and Orthodox Churches is that of Christ as Pantocrator. Research the meaning of the word and why it has been attributed to Christ.

Observe the images above and note the similarities and differences. All of these images belong the ancient tradition of Christian iconography. The theology of Christian icons is that of bringing light out of darkness and providing a ‘window’ through which we can glimpse something of the Divine mystery.

Throughout the centuries, icons have been used as an aid to contemplation. Through these icons we encounter the face of Jesus. They celebrate the incarnation, the mystery of the Divine taking on human flesh. Search for and print an image of the Pantocrator that you feel particularly drawn to and write a prayer to accompany it.

*Let the same mind be in you that was in Christ Jesus, who, though he was in the form of God, did not regard equality with God as something to be exploited, but emptied himself, taking the form of a slave, being born in human likeness. And being found in human form, he humbled himself and became obedient to the point of death—even death on a cross.*

*Therefore God also highly exalted him and gave him the name that is above every name, so that at the name of Jesus every knee should bend, in heaven and on earth and under the earth, and every tongue should confess that Jesus Christ is Lord, to the glory of God the Father.*

*Philippians 2: 5-11*